1. Her birth name is Jennifer Joanna Anastassakis. She later shortened her name to make it easier for people to remember it.
2. Both her parents are actors and encouraged her high school interest in drama. her father, John Aniston, is best known for his role as Victor Kiriakis on the daytime drama *Days of Our Lives*. Her mother is Nancy Dow.
3. She has royal blood in her. Through her mother, Jennifer is a direct descendant of the royal House of Stuart of Scotland.
4. As a child, Aniston lived in Greece for a year with her family. They moved to Pennsylvania, then to New York City.
5. Aniston attended a Waldorf educational school in New York when she was six and harnessed her love for acting at age 11 at the school.
6. When she was 11, one of Jennifer's paintings was placed in the Metropolitan Museum of Art.
7. In high school, Jen was known as a class clown.
8. She went to school with Chaz Bono.
9. Jennifer had worked as a waitress and telemarketer before making it as an actor.
10. She also appeared as the Nutri-System girl on the Howard Stern show.
11. Aniston made her screen debut in the television series *Molloy* (1990), but her film career began in the horror film *Leprechaun* (1993). The horror flick was a bad experience for her and actually made her consider giving up her acting career. Well, it's a good thing she didn"t!
12. She appeared in 'Tom Petty and The Heartbreakers' music video for the 1996 song "Walls."
13. Her big break came when she was cast as Rachel Green in the NBC sitcom*Friends*.The hugely popular series made her a star and a household name.
14. Jennifer originally auditioned for the role of Monica Geller on the show "Friends," but persuaded producers that she was better suited to play Rachel Green. She got the role after she was told by the producers to lose 30 pounds. Ouch!
15. Chris McMillan, who managed the 'Friends' star's hair for more than a decade, admitted he was [stoned when he cut Jennifer Aniston's into the iconic "Rachel" haircut.](http://www.nydailynews.com/entertainment/gossip/jenifer-aniston-hairstylist-high-created-rachel-article-1.1340709)
16. Her best friend is her Friends co-star Courteney Cox.
17. She won both a Golden Globe and an Emmy Award during her tenure on the show.
18. She went on to star in 238 episodes of the hit series, becoming one of the highest paid actresses in a television show at $1 million per episode.
19. Jennifer offered to be Matthew Perry's personal trainer in 2002 to help him lose weight.
20. She has a fear of flying - even though she has to do it so often for her work.
21. Jennifer was once recognized by a fan when she was naked in a sauna. How's that for an awkward moment?
22. Jen met her future husband [Brad Pitt](http://www.boomsbeat.com/articles/144/20140124/50-interesting-facts-about-brad-pitt.htm) met on a blind date in 1998. The couple got married in 2000.
23. Jennifer refused to invite her mother to her wedding to Brad Pitt after she insulted Jennifer in the tabloids. They made up in 2005.
24. [Brad Pitt](http://www.boomsbeat.com/articles/144/20140124/50-interesting-facts-about-brad-pitt.htm)appears in one episode of *Friends* in season 8 called "The One with the Rumor." He acts as Will, a friend of Ross who is in town for Thanksgiving. It turns out that Will and Ross had a secret "I hate Rachel" club in high school which makes for great comedy since they were still happily married at the time.
25. Made a skit satirizing [Brad Pitt](http://www.boomsbeat.com/articles/144/20140124/50-interesting-facts-about-brad-pitt.htm)'s stalker, Athena Marie Rolando, when hosting "Saturday Night Live" in 1999.
26. Jennifer is the first woman to win the GQ Man of the Year award. She shared the award with 50 Cent and Vince Vaughn in November 2005.
27. While filming *Mr. & Mrs. Smith* with Angelina Jolie, Brad Pitt is rumored to have fallen for her while still married to Jennifer. Although the couple denied anything romantic happened until Jennifer and Brad got divorced in 2005.
28. She stays in great shape by practicing yoga. She filmed the introduction for her instructor's 2009 *Yogalosophy* DVD.
29. The late actor Telly Savalas was her godfather.
30. She is 5' 6" (1.68 m) tall.
31. However, this sexy actress was not alone for long. She dated actor Vince Vaughn, singer John Mayer and *SNL* cast member Jason Sudeikis following her divorce from Brad Pitt.
32. Jennifer Aniston's ex-boyfriend John Mayer said that Jen was confused by Twitter and that it was one of the reasons they eventually parted ways; however, the actress later said she should join Twitter so she could use it to dispel rumors.
33. Her favorite color is blue.
34. She began dating Justin Theroux in 2011 and the couple got engaged August 2012. Aniston and Theroux met while filming *Wanderlust*.
35. Jennifer owns a Welsh corgi-terrier mix named Norman and a white german shepherd named Dolly.
36. Her birthday is February 11, 1969 and she shares it with Mike Shinoda of Linkin Park, Burt Reynolds, Sheryl Crow, and Kelly Rowland.
37. She dislikes spicy foods also Greek, Chinese, and Indian food, but is very fond of Mexican food.

1. Her favorite movies include "Wuthering Heights" and "Fame."
2. She is the godmother of Coco Riley Arquette, the daughter of Courteney Cox and David Arquette.
3. If Jennifer wasn't an actress she has said that she would have been a therapist today.
4. She is widely known for her beautiful locks, but before all that, she used to keep a tiny pair of scissors in the glove compartment of her car so she could trim any split ends when she found them.
5. What does she dislike to read about her? "Try that Jennifer Aniston diet." There is no secret diet - she says she follows a healthy diet and exercises often.